

## JANUARY MENU

Tuna  
Shells 'n Cheese Dinner (does not require milk or butter)  
Peas  
Strawberry Jello  
Dry Milk - optional

Dry milk is listed as an optional item, but the G-A-M-A-M program is Trinity's only source of this much needed item. Soap, laundry or dish detergent, toilet paper, tissues and paper towels would be welcome.

## FEBRUARY MENU

Beef Stew  
Mixed Vegetables  
Cling Peaches  
Martha White Bix Mix (needs only water) Available at Shop n Save  
Dry Milk - optional

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## MARCH MENU

Chicken and Dumplings  
Green Beans  
Pineapple Chunks  
Chocolate Pudding  
Dry Milk - optional

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## APRIL MENU

Chef Boyardee Chili Mac

Peas

Pears

Martha White Bix Mix (needs only water) Available at Shop n Save

Dry Milk - optional

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## MAY MENU

Beef Ravioli

Mixed Vegetables

Mixed Fruit/Fruit Cocktail

Martha White Bix Mix (needs only water) Available at Shop n Save

Dry Milk - optional

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## JUNE MENU

Canned Salmon or Tuna

Shells 'n Cheese Dinner (does not require milk or butter)

Spinach

Martha White Bix Mix (needs only water) Available at Shop n Save

Dry Milk - optional

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## JULY MENU

Vienna Sausages  
Corn  
Pears  
Strawberry Jell-o  
Martha White Bix Mix (needs only water) Available at Shop n Save  
Dry Milk - optional

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## AUGUST MENU

Spam  
Mustard or Turnip Greens  
Pineapple Chunks  
Chocolate Pudding (snack-pack variety)  
Dry Milk - optional

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## SEPTEMBER MENU

Beef Tamales  
Canned Blackeyed Peas  
Canned Applesauce  
Martha White Bix Mix (needs only water) Available at Shop n Save  
Dry Milk - optional

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## OCTOBER MENU

Beef Stew  
Peas  
Cling Peaches  
Martha White Bix Mix (needs only water) Available at Shop n Save  
Dry Milk - optional

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## NOVEMBER MENU

Chicken and Dumplings  
Green Beans  
Fruit Cocktail  
Vanilla Pudding  
Martha White Bix Mix (needs only water) Available at Shop n Save  
Dry Milk - optional

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## DECEMBER MENU

Corned Beef Hash  
Spinach  
Pineapple Chunks  
Martha White Bix Mix (needs only water) Available at Shop n Save  
Dry Milk - optional

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