



THE CHURCH
OF ST. MICHAEL & ST. GEORGE

The Fourth Sunday of Lent

March 10, 2024 10:00 am

Holy Eucharist

¶ *The service follows the Order for Holy Eucharist beginning on page 323 of The Book of Common Prayer*

¶ *The musical setting of the Mass Ordinary is the Mass in D of Leo Sowerby*

Organ Voluntary

Psalm Preludes Set II – No. II

Herbert Howells (1892-1983)

Yea, the darkness is no darkness with thee, but the night is as clear as the day.”

Hymn at the Procession 145

Celebrant Bless ☩ the Lord who forgiveth all our sins.

People His mercy endureth for ever.

¶ *All kneel*

The Decalogue

Precentor God spake these words, and said: I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.



Lord, have mer-cy up - on us, and in - cline our hearts to keep this law.

Precentor Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

People Lord, have mercy upon us, and incline our hearts to keep this law.

Precentor Thou shalt not take the Name of the Lord thy God in vain.

People Lord, have mercy upon us, and incline our hearts to keep this law.

Precentor Remember that thou keep holy the Sabbath day.

People Lord, have mercy upon us, and incline our hearts to keep this law.

Precentor Honor thy father and thy mother.

People Lord, have mercy upon us, and incline our hearts to keep this law.

Precentor Thou shalt do no murder.

People Lord, have mercy upon us, and incline our hearts to keep this law.

Precentor Thou shalt not commit adultery.

People Lord, have mercy upon us, and incline our hearts to keep this law.

Precentor Thou shalt not steal.

People Lord, have mercy upon us, and incline our hearts to keep this law.

Precentor Thou shalt not bear false witness against thy neighbor.

People Lord, have mercy upon us, and incline our hearts to keep this law.

Precentor Thou shalt not covet.



Lord, have mer - cy up - on us, and write all these thy laws in our



hearts, we be - seech thee.

¶ *The Celebrant then says*

Let us humbly confess our sins unto Almighty God.

¶ *Celebrant and People, all kneeling*

Almighty and most merciful Father,

we have erred and strayed from thy ways like lost sheep,

we have followed too much the devices and desires of our own hearts,

we have offended against thy holy laws,

we have left undone those things which we ought to have done,

and we have done those things which we ought not to have done.
 But thou, O Lord, have mercy upon us,
 spare thou those who confess their faults,
 restore thou those who are penitent,
 according to thy promises declared unto mankind
 in Christ Jesus our Lord;
 and grant, O most merciful Father, for his sake,
 that we may hereafter live a godly, righteous, and sober life,
 to the glory of thy holy Name. Amen.

¶ The Celebrant alone stands and says

The Almighty and merciful Lord grant you absolution ✠ and remission of all your
 sins, true repentance, amendment of life, and the grace and consolation of his Holy
 Spirit. *¶ People Amen.*

¶ All stand

Trisagion

The musical score for the Trisagion is presented in two systems. Each system consists of a vocal line (treble clef) and a piano accompaniment line (bass clef). The key signature is G minor (one flat). The first system contains the lyrics: "Ho - ly God, Ho - ly and Might - y,". The second system contains the lyrics: "Ho - ly Im - mor - tal One, Have mer - cy up - on us." The piano accompaniment features a steady bass line with chords in the right hand.

The Collect of the Day

Celebrant The Lord be with you.

People And with thy spirit.

Celebrant Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which giveth life to the world: Evermore give us this bread, that he may live in us, and we in him; who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever
¶ *People* Amen.

¶ *Then all are seated*

The Word of God

The Lesson

Numbers 21:4-9

From Mount Hor they set out by the way to the Red Sea, to go around the land of Edom; and the people became impatient on the way. And the people spoke against God and against Moses, “Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we loathe this worthless food.” Then the Lord sent fiery serpents among the people, and they bit the people, so that many people of Israel died. And the people came to Moses, and said, “We have sinned, for we have spoken against the Lord and against you; pray to the Lord, that he take away the serpents from us.” So Moses prayed for the people. And the Lord said to Moses, “Make a fiery serpent, and set it on a pole; and every one who is bitten, when he sees it, shall live.” So Moses made a bronze serpent, and set it on a pole; and if a serpent bit any man, he would look at the bronze serpent and live.

Reader The Word of the Lord.

People Thanks be to God.

¶ *All remain seated for the Psalm*

Psalm 107:1-3, 17-22

Anglican Chant: Harold Noble

O give thanks unto the Lord, for he is gracious, *
and his mercy endureth for ever.

Let them give thanks whom the Lord hath redeemed, *
and delivered from the hand of the enemy;

And gathered them out of the lands, from the east, and from the west; *
from the north, and from the south.

Foolish men are plagued for their offence, *
and because of their wickedness.

Their soul abhorred all manner of meat, *
and they were even hard at death's door.

So when they cried unto the Lord in their trouble, *
he delivered them out of their distress.

He sent his word, and healed them; *
and they were saved from their destruction.

O that men would therefore praise the Lord for his goodness; *
and declare the wonders that he doeth for the children of men!

That they would offer unto him the sacrifice of thanksgiving, *
and tell out his works with gladness!

The Epistle

Ephesians 2:1-10

And you he made alive, when you were dead through the trespasses and sins in which you once walked, following the course of this world, following the prince of the power of the air, the spirit that is now at work in the sons of disobedience. Among these we all once lived in the passions of our flesh, following the desires of body and mind, and so we were by nature children of wrath, like the rest of mankind. But God, who is rich in mercy, out of the great love with which he loved us, even when we were dead through our trespasses, made us alive together with Christ (by grace you have been saved), and raised us up with him, and made us sit with him in the heavenly places

in Christ Jesus, that in the coming ages he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith; and this is not your own doing, it is the gift of God – not because of works, lest any man should boast. For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

Reader The Word of the Lord.

People Thanks be to God.

¶ *All stand for the singing of the Hymn and Gospel Procession*

Hymn at the Sequence 467

The Gospel

John 3:14-21

Gospeler ✠ The Holy Gospel of our Lord Jesus Christ according to John.

People Glory be to thee, O Lord.

And as Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in him may have eternal life.” For God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God sent the Son into the world, not to condemn the world, but that the world might be saved through him. He who believes in him is not condemned; he who does not believe is condemned already, because he has not believed in the name of the only Son of God. And this is the judgment, that the light has come into the world, and men loved darkness rather than light, because their deeds were evil. For every one who does evil hates the light, and does not come to the light, lest his deeds should be exposed. But he who does what is true comes to the light, that it may be clearly seen that his deeds have been wrought in God.

Gospeler The Gospel of the Lord.

People Praise be to thee, O Christ.

Sermon

The Rev. Andrew John Archie

¶ *Following the Sermon, all stand and say together*

The Nicene Creed

I believe in one God,
the Father Almighty,
maker of heaven and earth,
and of all things visible and invisible;
And in one Lord Jesus Christ,
the only-begotten Son of God,
begotten of his Father before all worlds,
God of God, Light of Light,
very God of very God,
begotten, not made,
being of one substance with the Father;
by whom all things were made;
who for us men and for our salvation
came down from heaven,
and was incarnate by the Holy Ghost of the Virgin Mary,
and was made man;
and was crucified also for us under Pontius Pilate;
he suffered and was buried;
and the third day he rose again according to the Scriptures,
and ascended into heaven,
and sitteth on the right hand of the Father;
and he shall come again, with glory,
to judge both the quick and the dead;
whose kingdom shall have no end.
And I believe in the Holy Ghost the Lord, and Giver of Life,
who proceedeth from the Father and the Son;
who with the Father and the Son together is worshiped
and glorified;
who spake by the Prophets.
And I believe one holy Catholic and Apostolic Church;
I acknowledge one Baptism for the remission of sins;
and I look for the resurrection of the dead, ✠
and the life of the world to come. Amen.

The Prayers of the People ¶ *The Deacon says these Prayers*

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Give grace, O heavenly Father, to all bishops and other ministers, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, that they may be led to wise decisions and right actions for the welfare and peace of the world.

Have mercy we pray on those who now suffer the miseries of wars not of their own making. Have compassion on the wounded and dying; comfort the broken-hearted; confound the hatred and madness of those who make war; guide our rulers, bring war to an end, bring peace across the world. Unite us all under the reign of your Son, the Prince of Peace, before whose judgement seat the rulers of the world will give account, and in whose name we pray.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

And we also bless † thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of the Blessed Virgin Mary, Blessed Michael and All Angels, Blessed George, and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. ¶ *People Amen.*

The Peace

Celebrant The peace of the Lord be always with you.
People And with thy spirit.

¶ *Then the Ministers and People greet one another in the name of the Lord*

Announcements

The Church of St. Michael & St. George is grateful for the generosity of all visitors and parishioners who donate as part of the weekly offertory. If you wish, please place your donation in the collection plate or use the QR code below to give online. These gifts are used to support our parish and our mission, in addition to parishioners' annual commitments.



The Holy Communion

Anthem at the Offertory

Like as the hart desireth the waterbrooks: so longeth my soul after thee, O God.
My soul is athirst for God, yea, even for the living God:
When shall I come to appear before the presence of God?
My tears have been my meat day and night:
While they daily say unto me, Where is now thy God?

Words: Psalm 42: 1-3

Music: Herbert Howells

¶ *Then, as the Ushers come forward, all stand and make the following response*

V. All things come of thee, O Lord;
R. And of thine own have we given thee.

The Great Thanksgiving

Celebrant The Lord be with you.

People And with thy spirit.

Celebrant Lift up your hearts.

People We lift them up unto the Lord.

Celebrant Let us give thanks unto our Lord God.

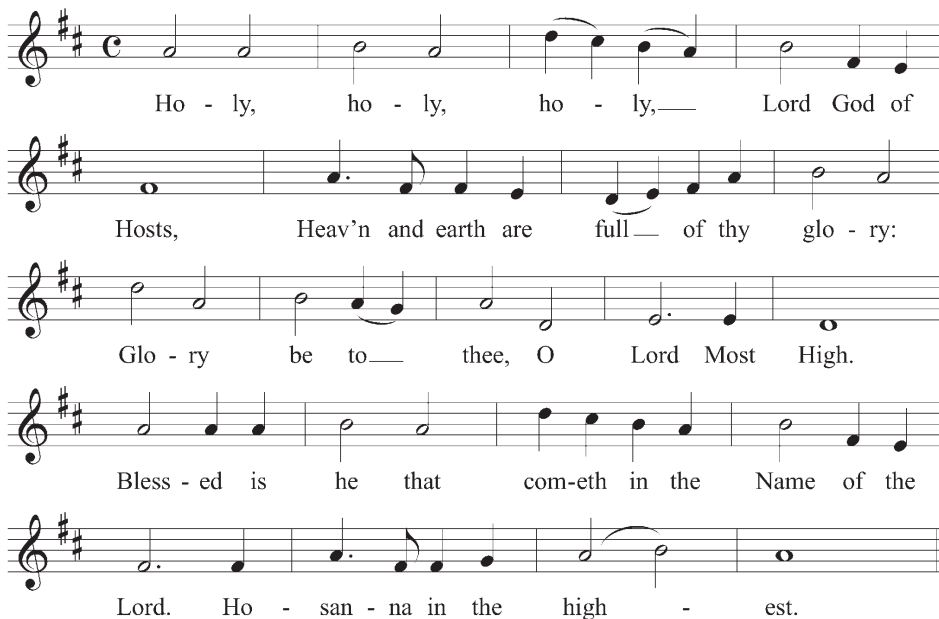
People It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Sanctus and Benedictus qui venit



Ho - ly, ho - ly, ho - ly, — Lord God of
Hosts, Heav'n and earth are full — of thy glo - ry:
Glo - ry be to — thee, O Lord Most High.
Bless - ed is he that com-eth in the Name of the
Lord. Ho - san - na in the high - est.

¶ The People kneel

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled ✠ with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. ♪ *All* AMEN.

And now, as our Savior Christ hath taught us, we are bold to say,

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy Name, thy kingdom come,
thy will be done, on earth as it is in heaven. Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

♪ *The Celebrant breaks the Bread and a period of silence is kept; then is sung*

Agnus Dei

O Lamb of God, that tak - est a -
way the - sins of the world, have mer - cy up -
on us. O Lamb of God, that
tak - est a - way the - sins of the world, have
mer - cy up - on us. O Lamb of
God, that tak - est a - way the - sins of the
world, grant us thy peace.

The Prayer of Humble Access ¶ *Said by all*

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Invitation and Ministration of Communion

¶ *All Christians baptized with water in the Name of the Father, Son, and Holy Spirit are welcome to receive Holy Communion. Proceed to the Altar Rail when invited by the Usher. To receive the Bread, extend your palms, crossed and upward; when offered the Chalice, please assist in guiding it. Those who do not wish to receive Holy Communion may come forward for a blessing; please indicate this to the Priest by crossing your arms over your chest.*

¶ *Holy Communion is distributed both at the High Altar and in St. Mary's Chapel. When directed, please follow the Ushers' direction. Those who are not able to come to the High Altar are always welcome to proceed to St. Mary's Chapel.*

Anthem at the Communion

God so loved the world, that He gave His only begotten Son,
That whoso believeth in Him, should not perish, but have everlasting life.
For God sent not His Son into the world to condemn the world;
But that the world, through Him, might be saved.

Words: John 3: 16

Music: John Stainer (1840-1901)

Hymn at the Communion 302 ¶ *Sung by all*

The Postcommunion Prayer

¶ Said by all kneeling

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Lenten Blessing †

¶ The Celebrant blesses the People

May God the Father, who does not despise the broken spirit, give to you a contrite heart. *¶ People Amen.*

May Christ, who bore our sins in his body on the tree, heal you by his wounds. *¶ People Amen.*

May the Holy Spirit, who leads us into all truth, speak to you words of pardon and peace. *¶ People Amen.*

The blessing † of God Almighty, the Father, the Son, and the Holy Spirit, be with you and remain with you for ever. *¶ People Amen.*

¶ All stand

The Dismissal

¶ The People are dismissed with these words

Deacon Let us bless the Lord.

People Thanks be to God.

Hymn at the Retiring Procession 690

Postlude

Voluntary on Cwm Rhondda

Barbara Harback (b. 1946)

This Morning's Liturgy

† **Herbert Howells** is the composer of both today's Prelude and of the Offertory anthem. Born in Gloucestershire, he studied music from 1912-1917 at the Royal School of Church Music as a student of both Stanford and Parry. In 1920 he was appointed Prof of composition at the Royal College of Music. In 1937 he was awarded an honorary D.Mus from Oxford. Howells wrote music for piano and organ, orchestras, chamber ensembles and a great amount of choral music, both small and large scale. His unique harmonic language has provided some of the most loved and performed works in the Anglican church in the last two centuries.

† **John Stainer** was born in London and became a choir-boy at St. Paul's Cathedral there. At 19 he was awarded the BMus degree from Oxford and at 20 became the organist of Magdalene College, Oxford. He received the D.Mus from Oxford in 1865. From 1872-1888 he was the organist of St. Paul's Cathedral, returning to Oxford as Prof of Music in 1889.

† **Barbara Harbach** was born in Pennsylvania and educated at Penn State, Yale and the Eastman School of Music, as well as in Germany. An internationally recognized composer and keyboard artist, she is the Professor Emerita of Music at the University of Missouri St Louis. She is noted for founding Women in the Arts in St Louis, as well as the small publishing firm Vivace Press. She is a composer of symphonies, operas, musicals, film scores, harpsichord and piano pieces, and organ works – of which today's Postlude is a small sample. Her works have been widely recorded.

† Colors play an important part in the worship of the Church. The colors worn at the Church of St. Michael & St. George are drawn from the liturgical colors worn in England before the Reformation and they change according to the seasons of the Church year and the ceremonial tasks at hand. Lent marks a significant shift in the pattern of our liturgical year, with a much more muted celebration of the Eucharist and a church stripped of its decoration. The Fourth Sunday in Lent, however, is a time to pause and call to mind the upcoming joyful events of Easter. The liturgical color of the day changes from unbleached linen to rose to reflect this tone. This same liturgical practice is paralleled on the Third Sunday of Advent when we change from blue to rose vestments to anticipate the coming of Christ at Christmas.

Week of March 10 -16

Sunday, March 10

- 8:00 am Holy Eucharist - Church
- 8:30 am Coffee Hour - Great Hall
- 8:30 am Our Community Listens - Library
- 9:00 am Choir Rehearsal
- 9:00 am Adult Confirmation- Sverdrup Room
- 9:00 am Rector's Forum - Taylor Room
- 9:00 am Ten Commandments - St. George's Chapel
- 9:00 am Confirmation-J202
- 9:00 am Little Sprouts Nursery Care
- 10:00 am Children's Chapel - St. George's Chapel
- 10:00 am Choral Eucharist - Main Church
- 5:00 pm Holy Eucharist - St. Mary's Chapel
- 6:30 pm Youth Group - Armstrong Room

Tuesday, March 12

- 10:30 am Church Service League Bible Study
- 11:30 am Holy Eucharist
- 12:00 pm Church Service League
- 7:00 pm Eleonore Stump Lecture Series:
Dante and Aquinas - Great Hall

Thursday, March 14

- 11:30 am Holy Eucharist - St. Mary's Chapel
- 5:30 pm Brotherhood of St. Andrew - Sverdrup Room
- 7:00 pm Choir Rehearsal - Choir Rm

Friday, March 15

- 7:00 am Men's Bible Study - Great Hall
- 7:30 am Morning Prayer - St. Mary's Chapel
- 8:00 am Women's Bible Study - Library

Saturday, March 16

- 9:30 am Hunger Ministry Sandwich-making - Taylor Room
- 4:00 pm AA Meeting - Taylor Room

Centering Prayer Group - Centering Prayer now follows the 10:00 AM service at 11:15-11:30 AM in St. George's Chapel. All are welcome to join and NO advance knowledge is required!

The Ten Commandments: Learning to Love God's

Law: Join our Theologian-in-Residence, Fr. Stewart Clem, for an in-depth study of the Commandments, beginning Sunday, January 21st during the Education Hour (9-10am). The class will meet every Sunday in St. George's Chapel from January 21 – March 24.

Join us on Tuesday evenings during Lent for a series of lectures and conversation with philosopher **Eleonore Stump (Saint Louis University) on Dante's Divine Comedy**. The Divine Comedy is a magnificent artistic representation of the worldview that Thomas Aquinas tried to explain in his philosophical and theological works. This series of lectures explores Dante's thoroughly Thomistic view of God and human evil as Dante delineates that Thomistic account in his Inferno. The final lecture will be held at 7:00 pm on March 12th at the church in the Great Hall. Registration on Realm is encouraged, but not required.

Sandwich and Casserole Making on March 16 starting at 9:30 in the Taylor Room. Your help is needed.

Hunger Ministry When grocery shopping, please consider adding one or two non-perishable items to your cart. Place items in either Hunger Ministry closet outside of the Taylor Room.

Casseroles Needed: Support Trinity Food Ministry. Help them feed those in need. Pans, lids, recipes and directions are in the closet next to the Taylor Room.

Do you know a parishioner in the hospital? Let's get them on the prayer list and visited by a priest. Contact Debbie at debbie@csmg.org.

Volunteering: We have a variety of opportunities available for you to volunteer. Contact Debbie at debbie@csmg.org for more information



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The Rev. Peter James Speropulos

Assistant Rector

The Rev. Thomas Roy Albinson

Assistant Rector

The Rev. Dr. Stewart Douglas Clem

Priest Associate; Theologian in Residence

The Rev. Anne Hunter Kelsey

Priest Associate

Mr. S. William Aitken

Interim Organist and Choral Director

